



make it a

mindful

meeting

MENU | PACKAGE 2



Morning Snack

- + Selection of porridge with dried fruits and seeds
- + Selection of fresh whole fruit



For Lunch

- + Thai Green Chicken, Coconut Rice with Saute Greens and Crispy Mushrooms
- + Griddled Salmon, Crushed potatoes with wilted greens and salsa Verde
- + Saute Gnocchi, Slow Roasted Tomatoes, Sweet Pepper, Corgette Caponata Pesto
- + Grilled Baby Gem Caesar Salad, Olive Oil Croutes
- + Red Cabbage, radish and apple slaw
- + Olive Oil Roasted Potatoes



Desserts

- + Lemon Posset with Berry Compote and Shortbread



Afternoon Break

- + Chefs' choice of snack



Meet our
new Eco-labels

Helping you make planet friendly choices.

Some of our menu items now carry
eco-labels.

The labels are colour-coded like a traffic
light to show you the environmental
impact of your meal.

Foods with a label value of 'A' indicate a
low environmental impact.

Did you know?

One 200g steak is linked to the same
amount of greenhouse gas emissions as
driving a car for 30 miles?

